



**Division:** Hospital Uniforms for Men | **Style name:** Doctor's Scrubs TOP for men.

**Style description:** Classic doctor's scrubs top for men.

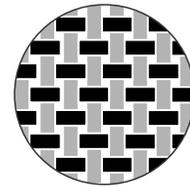
**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hth01

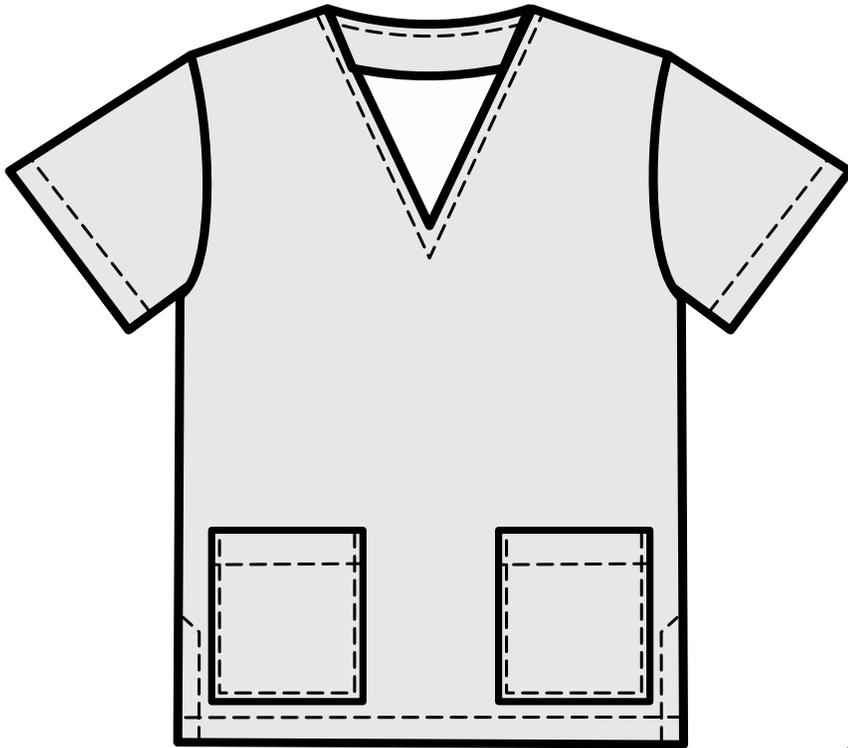
**FLAT SKETCHES**

**Size range**

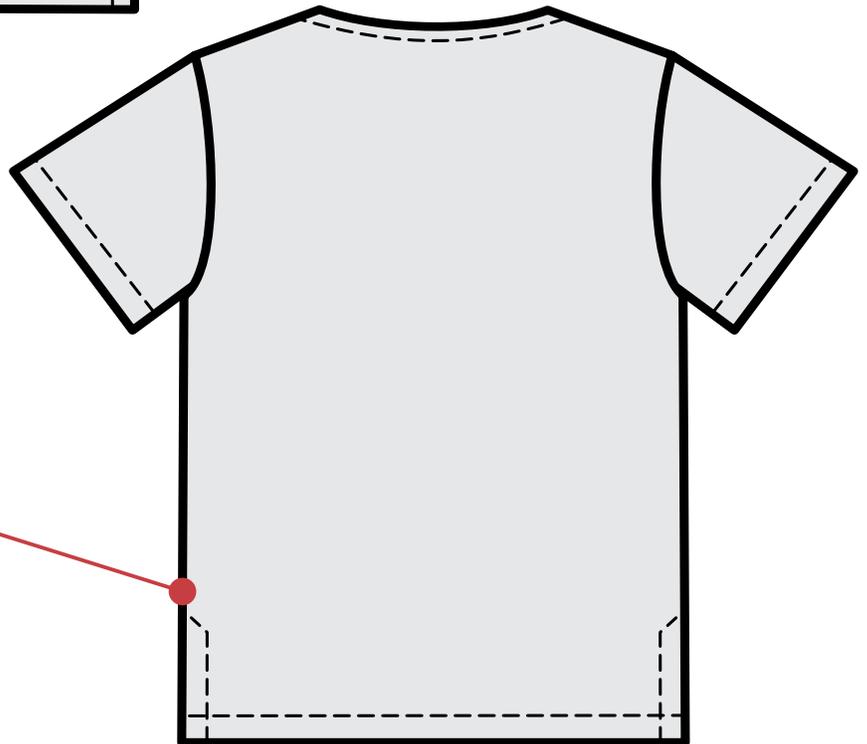
S	M	L	XL	2XL	3XL
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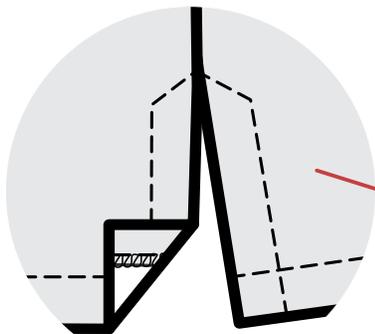
**WOVEN**



**FRONT**



**BACK**



**SIDE SLITS**



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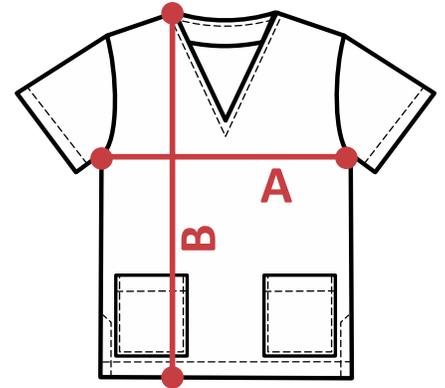
**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hth01

## GENERAL INFORMATION

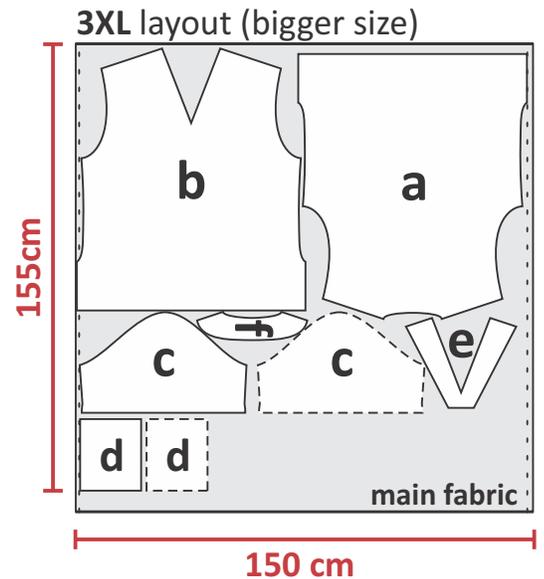
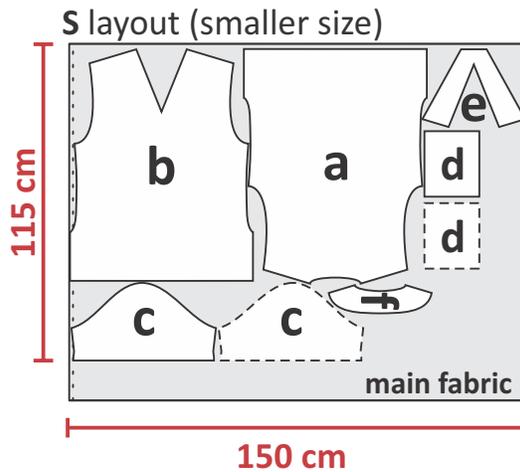
### Finished garment measurements

		Centimeters / (Inches)					
KEY	MEASURING AREA	S	M	L	XL	2XL	3XL
A	CHEST (complete circ.)	110 (43.3)	116 (45.6)	122 (48.0)	128 (50.3)	134 (52.7)	140 (55.1)
B	Full LENGTH	72 (28.3)	74 (29.1)	76 (29.9)	78 (30.7)	80 (31.4)	82 (32.2)



### Fabric layout

- a: BACK
- b: FRONT
- c: SLEEVE
- d: POCKET
- e: FRONT FACING  
(main + interfacing)
- f: BACK FACING  
(main + interfacing)



#### NOTES:

\* This pattern already has **seam allowance**.

### Materials needed

- Main WOVEN fabric (with or without spandex)
- Fusile INTERFACING
- 

### Sewing steps

- 1) Use fusible interfacing on **front facing** and **back facing**. Use an iron to fuse interfacing.
- 2) Sew front facing to back facing (**shoulder seam**).
- 3) Serge facing (front and back together).
- 4) **Serge** all other pieces. See details "A1".
- 5) Sew pockets upper **hem** (hand opening). See details "B".
- 6) Iron pocket seam allowance to the inside (follow notches on the pattern). See details "C".
- 7) Sew pockets on top of the front piece. See details "C1" (3 cm from lower hem and 3 cm from side seam)
- 8) Sew **front to back** (shoulder seam).
- 9) Sew **sleeves** to armholes (sleeve cup to open armhole. No side seams yet).
- 10) Sew **side seam** (both sleeve & body side-seam). Sew until side slit. See details "D".
- 11) Iron **slits** open following lower notches on the pattern.
- 12) Before sewing slits, sew **bottom hem**. See details "G".
- 13) Sew **slits**. See details "F".
- 14) Sew **sleeves** hem. See details "E".
- 15) Sew **facing** to the **neckline**. See details "H1". Cut some notches, fold to the inside and lockstitch. See details "H2".



Division: Hospital Uniforms for Men

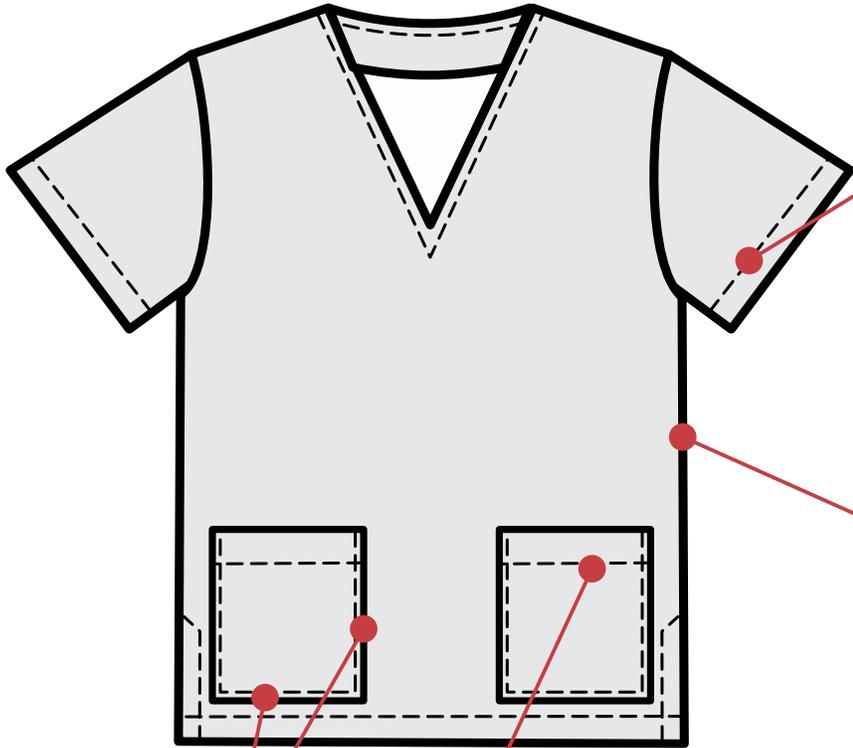
Style name: Doctor's Scrubs TOP for men.

Style description: Classic doctor's scrubs top for men.

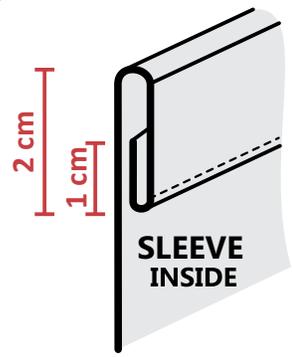
Fabric: Woven fabric (with or without spandex)

Style Code: #hth01

### DETAILS (1)



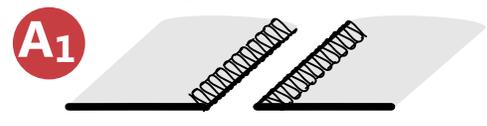
**E SLEEVE HEM**



**A SHOULDER / SIDE / SLEEVE SEAMS**

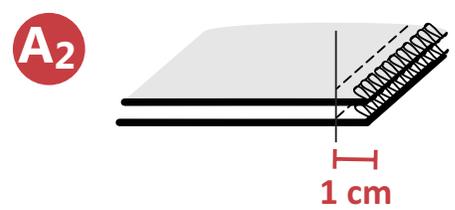
**Step 1:**

Serge pieces separately  
3-thread overlock



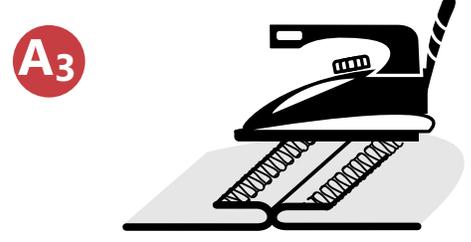
**Step 2:**

Lockstitch: 1 cm seam allowance

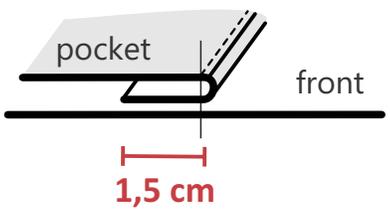


**Step 3:**

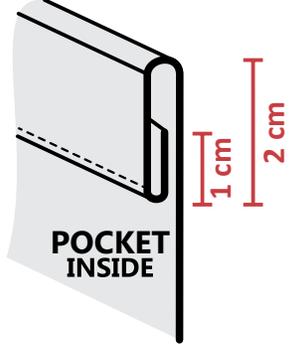
Open and steam



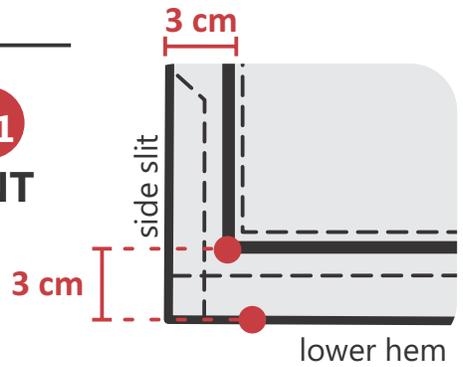
**POCKET (lower / side)**  
iron + lockstitch



**B POCKET HEM**



**POCKET PLACEMENT C1**





**Division:** Hospital Uniforms for Men

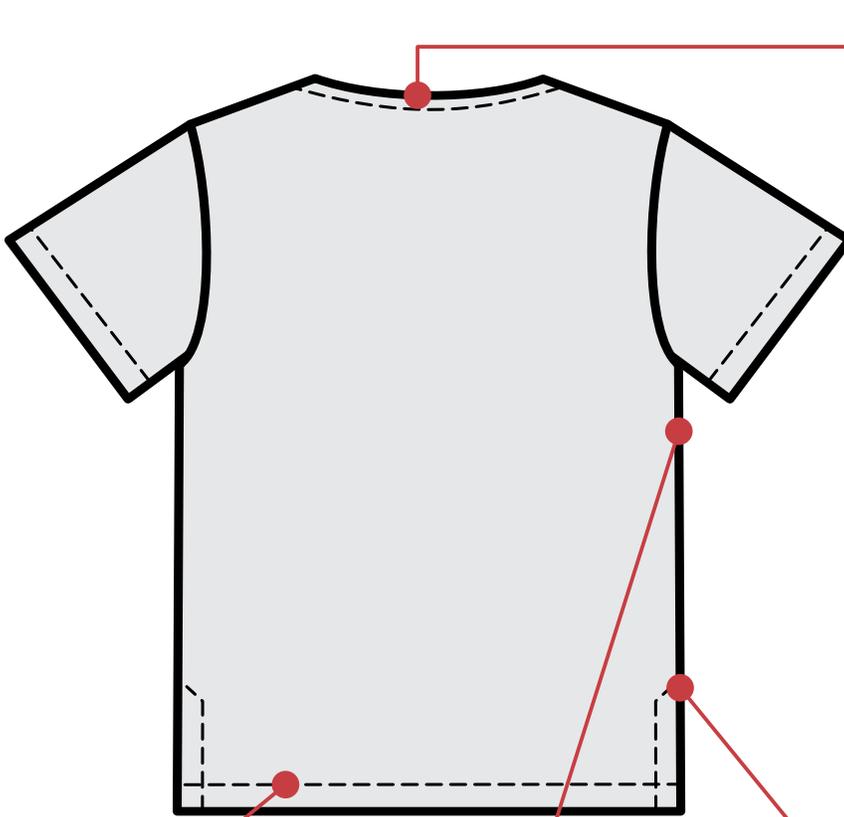
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**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hth01

## DETAILS (2)

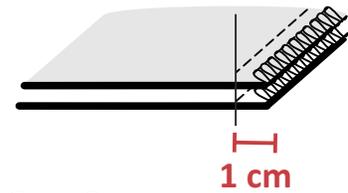


### H SHOULDER / SIDE / SLEEVE SEAMS

#### Step 1:

Lockstitch: 1 cm seam allowance

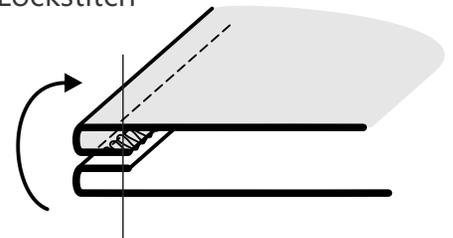
H<sub>1</sub>



#### Step 2:

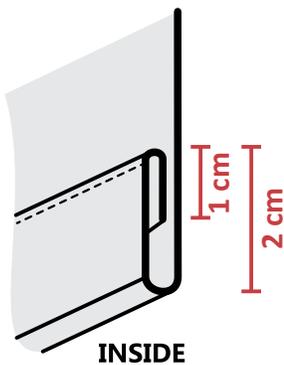
Lockstitch

H<sub>2</sub>

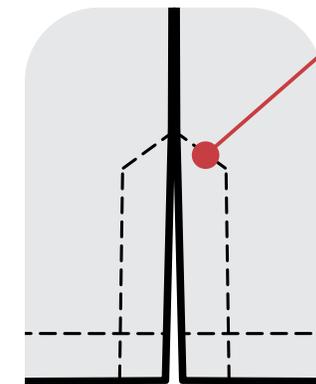


G

### LOWER HEM

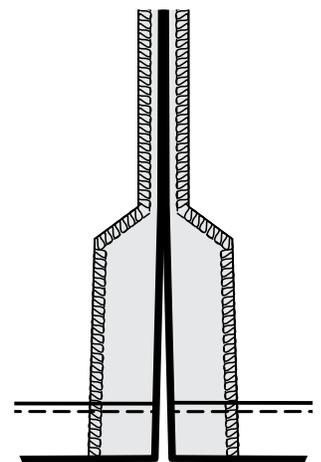


### F SIDE SLITS



OUTSIDE

Lockstitch



INSIDE

D

### Side-seam + Slit

Sew until this point  
(where the curve ends)



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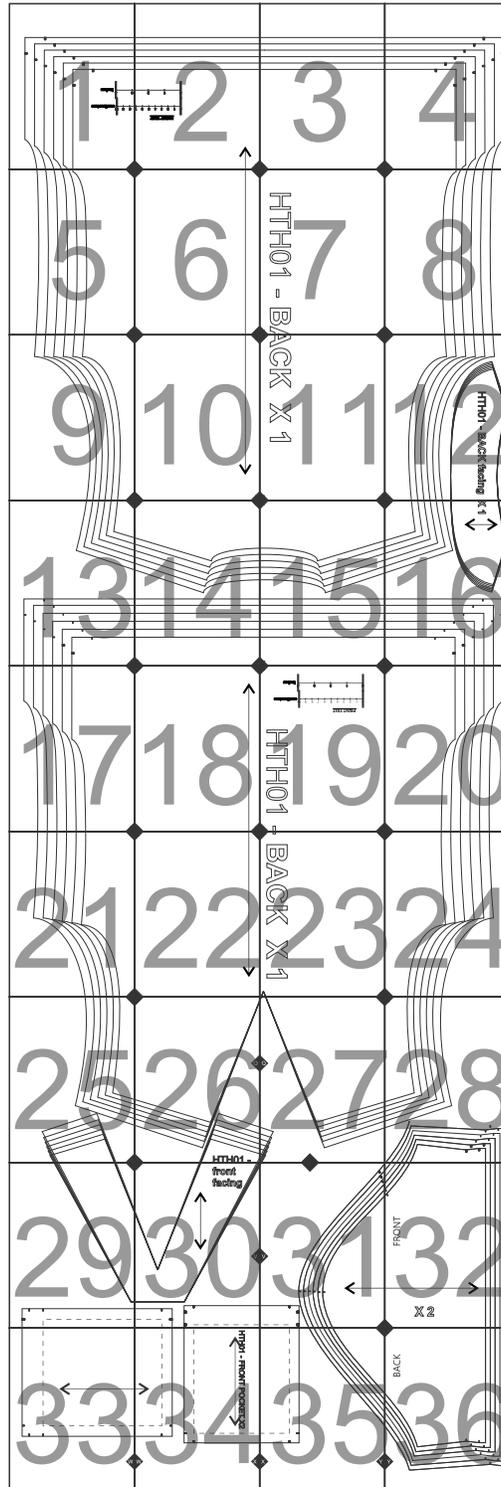
**Style description:** Classic doctor's scrubs top for men.

**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hth01

## HOME-PRINTING LAYOUT

- Use LETTER/A4 size paper. Print at **100% scale** (real size). You will need 36 pages.
- **SEWING PATTERN** starts on next page.





**Division:** Hospital Uniforms for men

**Style name:** Pants Scrubs for men

**Style description:** Classic scrub pants (BOTTOM) for men. Relaxed-fit.

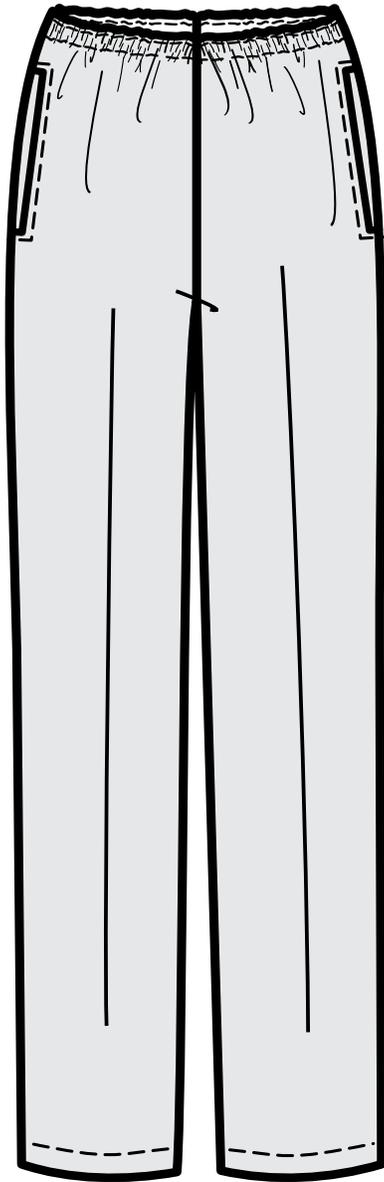
**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hps02

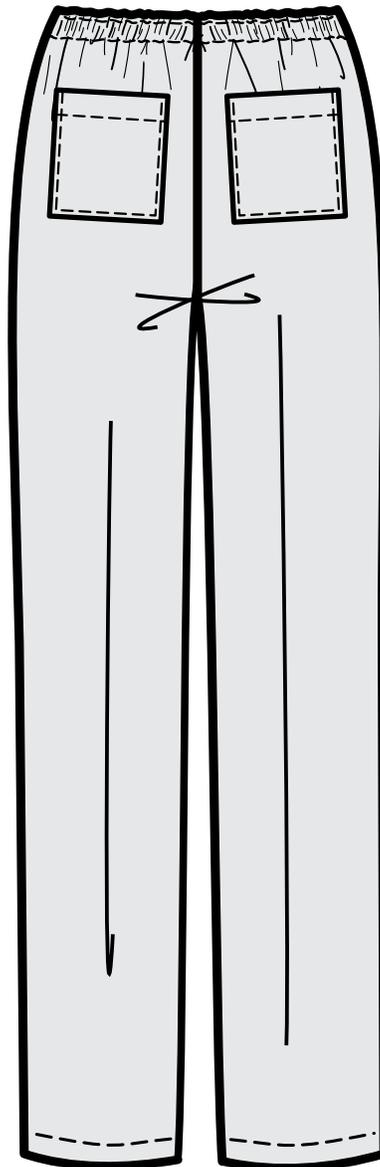
**FLAT SKETCHES**

**Size range**

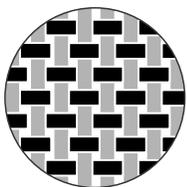
<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>3XL</b>
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**FRONT**



**BACK**



**WOVEN**



**Division:** Hospital Uniforms for men

**Style name:** Pants Scrubs for men

**Style description:** Classic scrub pants (BOTTOM) for men. Relaxed-fit.

**Fabric:** Woven fabric (with or without spandex)

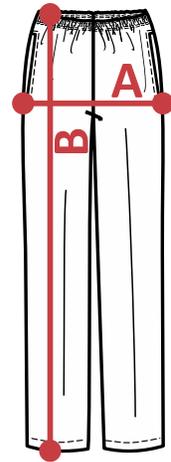
**Style Code:** #hps02

## GENERAL INFORMATION

### Finished garment measurements

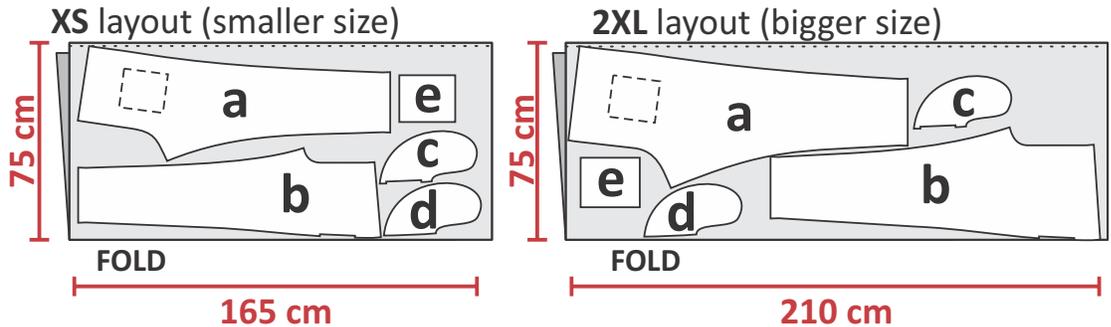
Centimeters / (Inches)

KEY	MEASURING AREA	S	M	L	XL	2XL	3XL
<b>A</b>	HIPS (complete circ.)	108 (42.5)	114 (44.8)	120 (47.2)	126 (49.6)	132 (51.9)	138 (54.3)
<b>B</b>	Full LENGTH	109 (42.9)	111 (43.7)	113 (44.4)	115 (45.2)	117 (46.0)	119 (46.8)



### Fabric layout

- a: BACK
- b: FRONT
- c: FRONT POCKET "A"
- c: FRONT POCKET "B"
- d: BACK POCKET



**NOTES:** \* Cut elastic: **S:** 76 cm (29.9 in) / **M:** 82 cm (32.2 in) / **L:** 88 cm (34.6 in) / **XL:** 94 cm (37 in) / **2XL:** 100 cm (39.3 in) / **3XL:** 106 cm (41.7 in). **Add** seam allowance to elastic (only).

\* This pattern already has **seam allowance: 1 cm**

### Materials needed

- Main WOVEN fabric (with or without spandex)
- Elastic (4 cm / 40 mm width)

### Sewing steps

- 1) Place **pocket bag A** over **front piece**. See details "A".
- 2) Sew **hand opening**. See details "A1". **Cut** both corners. See details "A2".
- 3) Turn it to the inside and steam.
- 4) Sew **hand opening** from the outside. See details "A3".
- 5) Place pocket **bag B** over pocket **bag A** and sew pocket bags together. See details "A4".
- 6) Sew **front rise**. See details "C"
- 7) Sew **back pocket upper hem** (hand opening). See details "D".
- 8) Iron back pocket seam allowance to the inside (follow notches on the pattern). See details "E".

- 9) Sew **back pockets** on top of the **back piece**. Place the pocket following the notches on the pattern. See details "E".
- 10) Sew **back rise**. See details "C"
- 11) Sew **side-seam**. See details "C"
- 12) Sew **inseam**. See details "C"
- 13) Close **elastic**; sew one end to the other. See details "F1".
- 14) Place **elastic** within **waistline** and sew (pull elastic to make it match waistline. Keep pulling while sewing). See details "F2"
- 15) Fold elastic to the inside and lockstitch once (lower seam "a") or twice (upper seam "b"). See details "F3".
- 16) Sew lower **hem**. See details "G".



Division: Hospital Uniforms for men

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Style description: Classic scrub pants (BOTTOM) for men. Relaxed-fit.

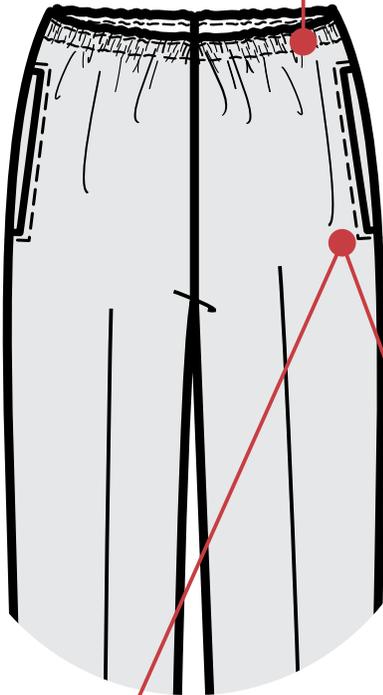
Fabric: Woven fabric (with or without spandex)

Style Code: #hps02

### DETAILS (1)

**WAISTLINE**  
with elastic

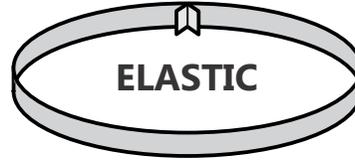
**F**



**F1**

**Step 1**

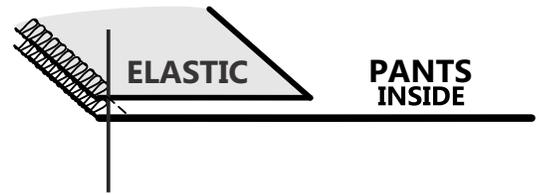
Lockstitch



**F2**

**Step 2**

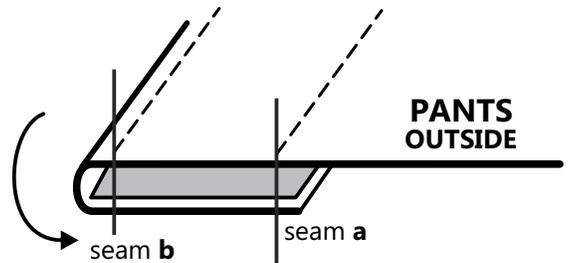
3-thread overlock



**F3**

**Step 2**

Lockstitch  
(once or twice)



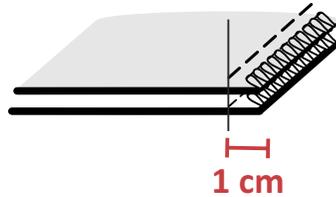
**A**

**FRONT POCKET**

**Step 1**

Lockstitch: 1 cm seam allowance

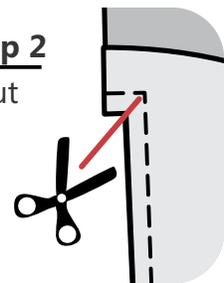
**A1**



**Step 2**

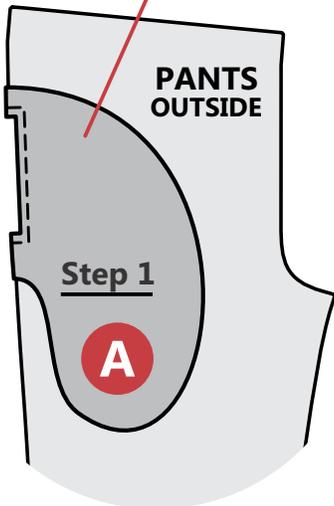
Cut

**A2**



**Step 1**

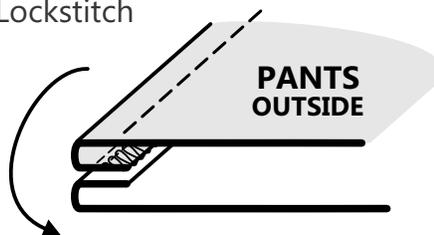
**A**



**Step 3**

Lockstitch

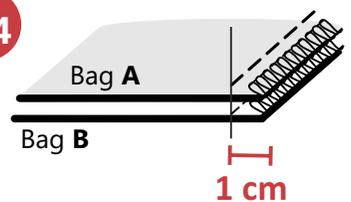
**A3**



**Step 4**

Lockstitch pocket **A** & **B**

**A4**





**Division:** Hospital Uniforms for men

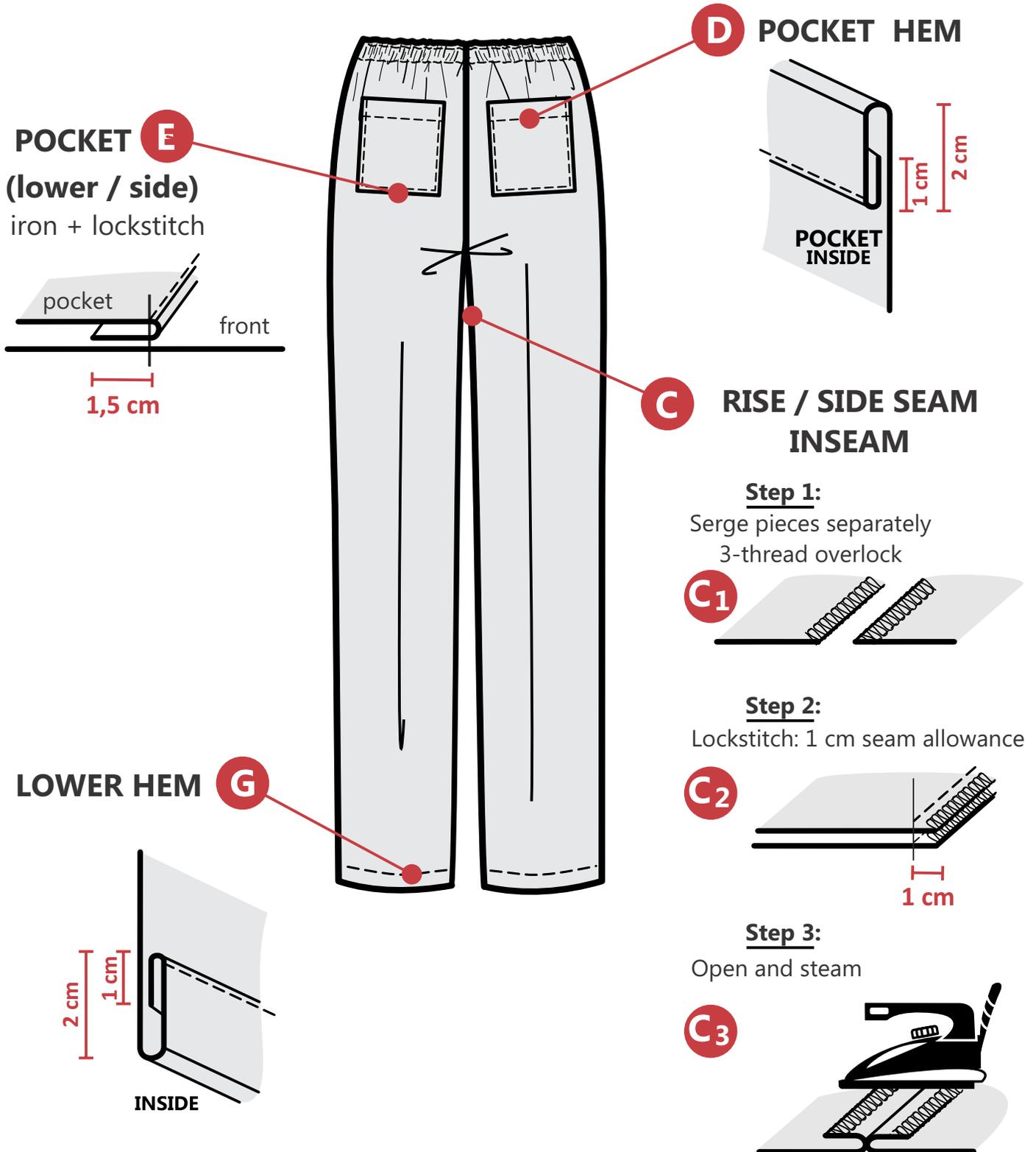
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**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hps02

## DETAILS (2)





**Division:** Hospital Uniforms for men

**Style name:** Pants Scrubs for men

**Style description:** Classic scrub pants (BOTTOM) for men. Relaxed-fit.

**Fabric:** Woven fabric (with or without spandex)

**Style Code:** #hps02

## HOME-PRINTING LAYOUT

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- **SEWING PATTERN** starts on next page.

