

# Magor and Undy COVID-19 Community Support Group

Working in  
partnership with:



This group has been set up with the support and assistance of Monmouthshire County Council and Magor with Undy Community Council. We are here to help residents during this challenging time with physical and emotional needs throughout the community and especially in assisting more vulnerable residents. We have over 50 volunteers waiting to help out, including several with Monmouthshire County Council DBS certificates when required. **Please don't hesitate to contact us.**

With the help of the local support group volunteers and various agencies in the area, this leaflet helps you to identify resources and support that are available to everyone – please also contact these schemes directly if you need assistance.

If we all work together we can reduce worry and isolation and get practical assistance when it is most needed.

**Stay at Home → Protect the NHS → Save Lives**

See next page for our contact details for...

## ...Help with shopping

Lots of local businesses are now taking orders over the phone and delivering, including Magor Co-Op. A list of these businesses can be found later in this leaflet. If you need any further help with shopping, contact us and we can arrange this.

Magor Co-Op are able to take orders for shopping, take payment over the phone, and a volunteer can then deliver your shopping to you. If you would like to use this service you can place your order by calling 0330 041 7784 (standard landline rate). You will receive a return phone call once they've checked all your items are in stock, and they will then take your payment by card over the phone. You can also order online at [quickshop.coop.co.uk](http://quickshop.coop.co.uk) (no www. at the start).

## ...Help with prescriptions

If you need someone to collect your medicines for you/collect a repeat prescription/take your repeat prescription request to your GP surgery we can do this for you.

**MUCC, Council Office, Magor Police Station, Main Road, Undy NP26 3EH**

Tel: 07592375562/07592318281 Email: [admin@magorundy.org.uk](mailto:admin@magorundy.org.uk)

[www.magorundy.org.uk](http://www.magorundy.org.uk)

# Contacts

[...And anything else you need help with](#)

You can E-Mail:

**MagorUndyCOVID19@gmail.com**

Or call one of us on the numbers below...

(those marked \*\*\* are volunteer coordinators and would be best contacted in the first instance):

<b>Councillor Mario Bisi ***</b> (Denny Ward) 07818 073176	<b>Councillor Lisa Dymock ***</b> (County Councillor – Elms/Undy) 07766 702883	<b>Councillor Sally Bailey ***</b> (Salisbury Ward) 01633 880068
<b>Councillor John Crook</b> (Elms Ward) 01633 882408	<b>Councillor Sally Raggett ***</b> (Elms Ward) 07833 963816	<b>Councillor Neeta Baicher</b> (Mill Ward) 01633 882516
<b>Councillor Julie Wilson</b> (Elms Ward) 01633 882 772	<b>Councillor Donna James</b> (Elms Ward) 07980 682214	<b>Councillor Frances Taylor ***</b> (Mill Ward/County Councillor Mill/Magor) 01633 881198
<b>Councillor Carole Hopkins</b> (Salisbury Ward) 01633 880268	<b>Councillor Andrew Zagozda</b> (Elms Ward) 01633 527394	<b>Councillor Geoff Cook</b> (Mill Ward) 07738 954761
<b>Councillor Keith Plow</b> (Mill Ward) 01633 880954	<b>Catherine Baker ***</b> 07742778590	<b>Magor with Undy Community Council</b> 07592 374562/07592 318281

**Monmouthshire County Council – 01633 644 644**

## Free School Meals

For those normally in receipt of free school meals, please contact Monmouthshire County Council on the above number for up to date information on arrangements.

## Waste and Recycling

All Household Waste recycling Centres are CLOSED. Garden waste collection services are currently suspended. Domestic waste and recycling currently continues as normal. If you require recycling bags, the Co-Op currently have a stock of these.

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## Local Businesses Offering Delivery

These local companies can deliver shopping, meals or other services and take payment either over the phone, or upon delivery, and are a great resource for those unable to get to the shops at this time.

### **Mead Farm Foods - 01633 881401**

Milk, fresh orange juice, bread, bacon, cream, butter, eggs, porridge, muesli, jams, honey and milk alternatives

### **Castle Farm Community Hub - 07500 845522**

Fruit and veg, dairy, and other basic food items

### **Bradbury Milk - 01291 421177**

Milk and other basic food items

### **Clarkes' Butchers - 01291 420364**

Delivering twice a week. Please phone to find out what they have in stock

### **Monmouthshire Meals on Wheels - 01873 882910**

Hot meals and puddings for elderly residents

### **The Castle Inn - 01291 430830**

Homemade chilled food, vegetables and groceries for the elderly and self-isolating.

### **Pickled Pumpkin Catering - 07498 725156**

Next day delivery on grocery items, dry goods and cleaning products.

### **Wiltshire Farm Foods - 0800 0773100**

Nationwide service. Ready-made meals to freeze and reheat when required.

### **Parsley Box – 0800 612 7225**

Nationwide service. Ready-made meals delivered which can be stored in cupboards.

### **Farmers Friends – 01291 422965**

Pet and animal feeds.

### **Perfect Pet Services - 01633 400993**

Pet supplies

### **Newspapers and Magazines - 07971061495**

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## Support Organisations

### Partner Agencies

#### Welsh Government

[www.gov.wales/safe-help](http://www.gov.wales/safe-help)

#### NHS Direct Wales

[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)

#### Aneurin Bevan University Health Board

[www.bit.ly/aneurinbevancovidinfo](http://www.bit.ly/aneurinbevancovidinfo)

#### Public Health Wales

[www.phw.nhs.wales](http://www.phw.nhs.wales)

**Citizens Advice – adviceline** 0300 330 2117

**Caldicot Food Bank** - 07925285994

**Age Cymru** - 08000 223444

A check-in-and-chat telephone service for over 70s in Wales who live alone.

**Mind Cymru Helpline** - 0300 1233393

Support for mental health.

**Community Advice and Listening Line (C.A.L.L.) –**  
0800 132 737

Information and support for people experiencing a mental health problem.

**Samaritans** – 08457 90 90 90

24 hour access to confidential, non-judgmental emotional support.

**Drug and Alcohol Support** - 0333 999 3577

If you live in **Social Housing**, your landlord will be offering support:

**Monmouthshire Housing Association** - 0345 677 2277

**Charter Housing** - 01633 212375

**Melin Homes** - 01495 745910

**Facebook** users can seek further support by joining the Magor and Undy COVID-19 Community Support group, and you can get up-to-date information by following the Magor with Undy Community Council page.

### Dorset House/Gray Hill Surgery

01291 420282

### Magor Pharmacy

01633 880170

### Magor Post Office

Mon-Fri 9am-3pm

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